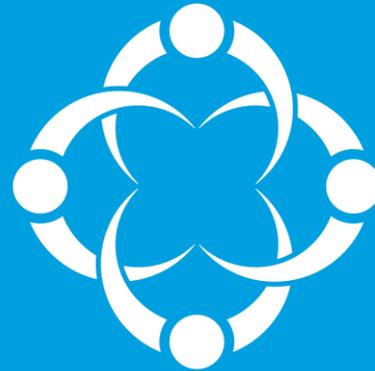
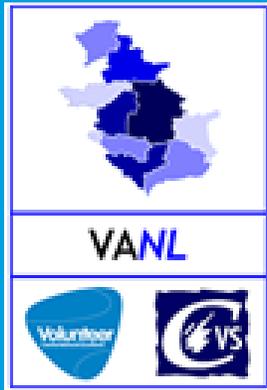


# COMMUNITY SOLUTIONS UPDATE

HSCNL STRATEGIC COMMISSIONING PLANNING MEETING  
9 SEPTEMBER 2020



**COMMUNITY  
SOLUTIONS**

Building Community Capacity  
and Carer Support



# CONTENTS

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# What is Community Solutions?

A pioneering, community led, **health and social care investment and improvement programme** for North Lanarkshire committed to **building community capacity and individual capabilities to help people live healthier and richer lives.**

The programme, which was established in **2012**, is a partnership between:-

- [Health and Social Care North Lanarkshire](#) (HSCNL)
- [Voluntary Action North Lanarkshire](#) (VANL)
- the vibrant **community and voluntary sector** of North Lanarkshire.



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# The Community Solutions ambition and approach

To improve people's **quality of life and wellbeing** by taking action which:

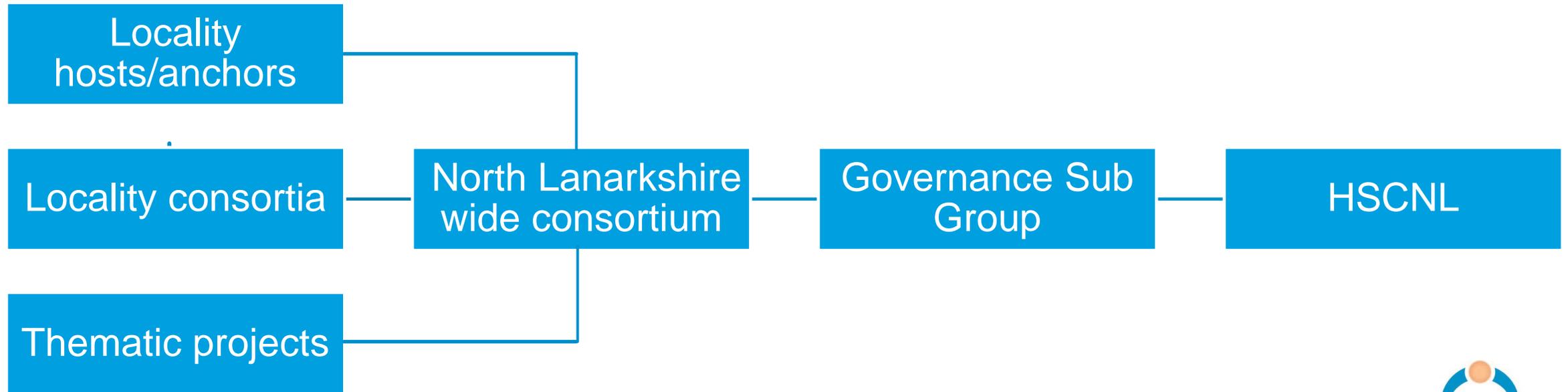
- strengthens **social connections** and support, helping to **reduce isolation** and loneliness
- supports **healthier living and recovery**
- promotes human rights and equality – helping to **reduce inequalities**

Through services and activities informed by **need, agreed in partnership** and delivered mostly through the **community and voluntary sector**



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# Community Solutions structure and approach



## Locality hosts organisations & consortia

### Airdrie

The Health and Wellness Hub

### Bellshill

Orbiston Neighbourhood Centre

### Coatbridge

Glenboig Development Trust

### Cumbernauld & the North

Cumbernauld Action for Care for the Elderly

### Motherwell

North Lanarkshire Carers Together

### Wishaw & Shotts

Getting Better Together

## Thematic projects (NL wide)

Advocacy & Individual Planning

Community Alarms

Community Transport

Community Food and Health project

Physical activity

Supporting carers projects (5)

Hospital Discharge Support Programme

Home visiting & befriending projects (9)

Community Connection & Self directed support

Shopmobility

Volunteering development

## Networks (NL wide)

Children, Young People & Families Network

Carers Support Network

Home visiting and befriending network



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## Links to reports

[Community Solutions Annual Report – 2019-2020](#)

[Community Solutions Summary – 2019-2020](#)



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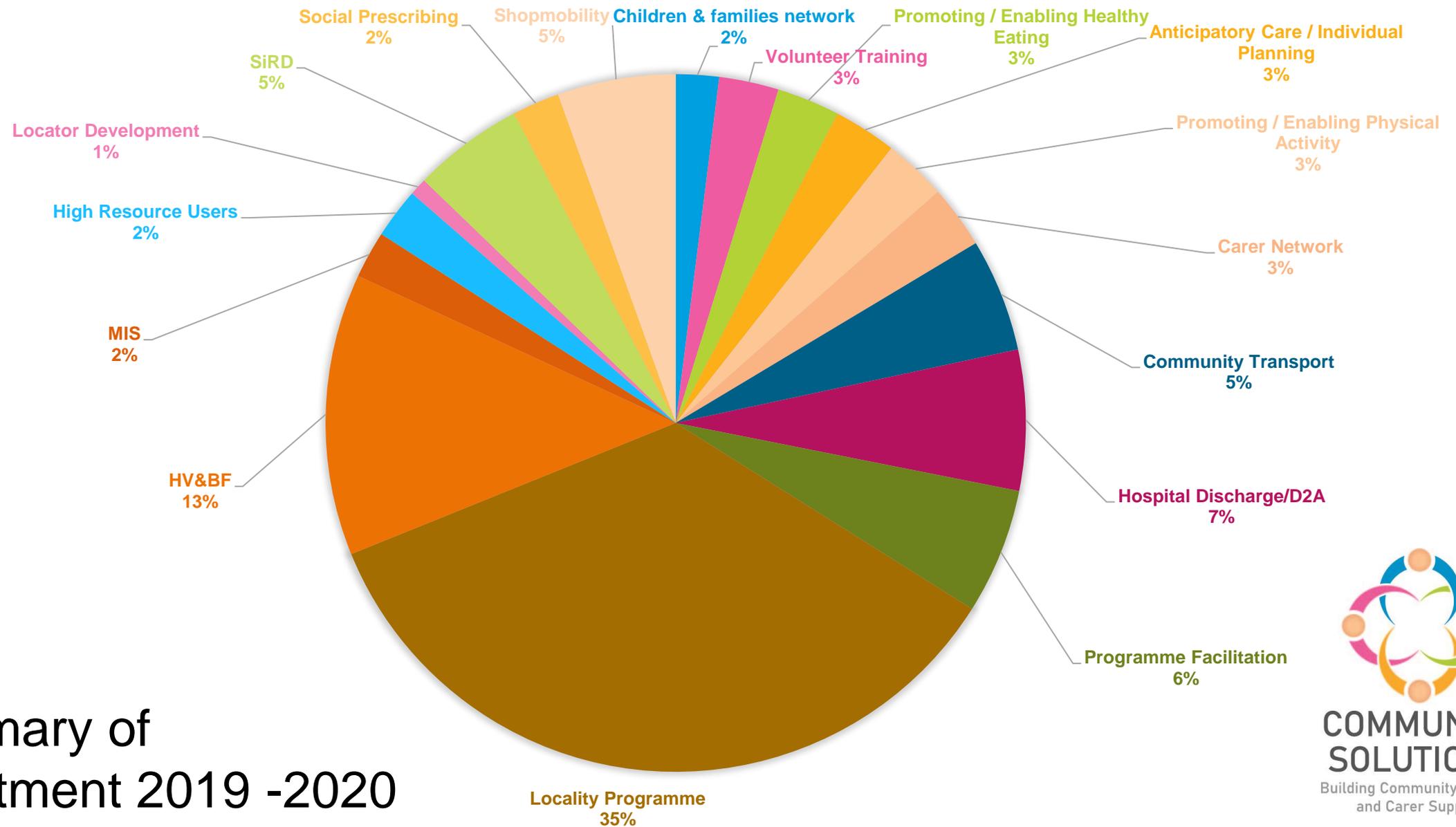
# Summary of outcomes – 2019 -2020

Outcomes	No of people
Reduction in isolation and loneliness	10685
Enhanced use of information, advice and education	12674
Improved independence and well-being	10778
People feel included, connected and safe	12405
Citizens have greater access to health and wellbeing supports and services	10116

Outcomes for Carers Carers:-	No of people
Have accessed a short break from caring	1690
Have increased ability to manage or cope with their caring role	1934
health and wellbeing are optimized	2168
Have been referred to direct carer support services	1032
Have been signposted to direct carer support services	1585

Outcomes for children and young people	No of people
Sense of wellbeing is increased	2295
Mental health is optimised	2203
Parental/carer attachment is improved	2218
Physical activity is increased	2344
Resilience is improved	2231



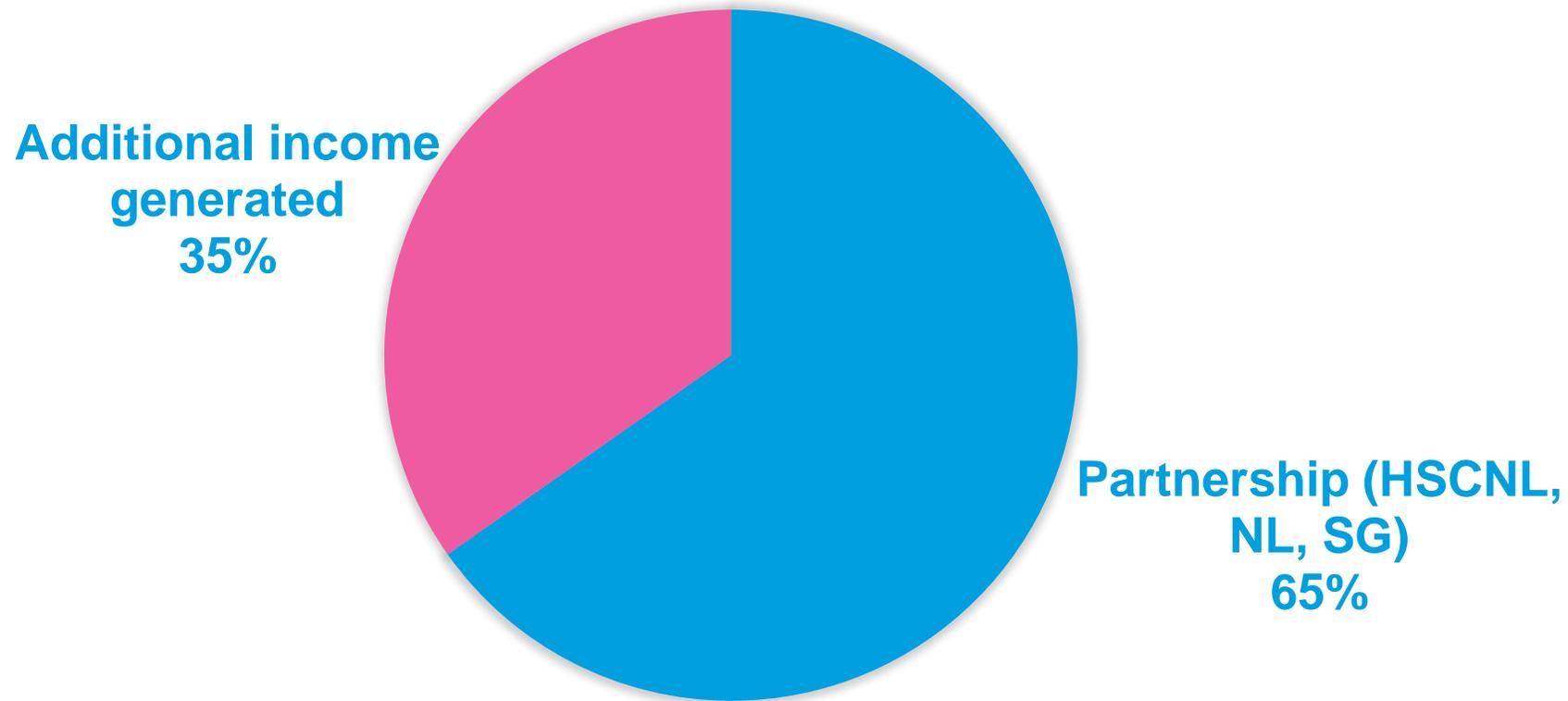


# Summary of investment 2019 -2020



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Building Community Capacity and Carer Support

# Additional investment generated 2019- 2020



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# Community Transport Volunteer Driver scheme – 2019-2020

## Cost Avoidance example

Volunteer Drivers supported

1674 passengers

Completing

3348 journeys

It is reasonable to assume that due to the age and mobility difficulties that most passengers would not be able to attend their appointment without the assistance and level of service offered by their volunteer driver, ie picked up at home address, correctly assisted to vehicle, escorted to and from Hospital department, correctly assisted to vehicle and taken home then assisted to their front door if required.

On the basis that 50% did not attend appointments

837 people

DNA (did not appear) cost (NHS Lanarkshire figure)

x £135

Cost avoidance for NHS Lanarkshire (837 x £135)

= £112,995

Cost of funding Community Transport project

minus £72,000

Total cost avoidance

**£50,995**

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# Positive Growing with VIP

J is a young boy in kinship care, who has witnessed and experienced domestic violence from two parents who are drug dependant. On attending VIP at beginning he was very disruptive, screaming, hitting other young people and being very aggressive. J is now attending over two evenings and has calmed down, he is willing to take part in group activities and has made new friends within the group.

On discussion with his social worker, they have commented that J is now listening and able to communicate better at sessions with them and that his teachers and head teachers have said his concentration has increased and his ability to share and willingness to take part in activities has improved and this is down to VIP.



# Community Solutions priorities 2020-2021

- Continued HSCNL funding for the CS programme beyond March 2021 – ideally with three year funding agreement
- Continuing to seek further additional investment in community-led solutions through the Community Solutions programme
- Co producing an integrated plan to strengthen community capacity and individual capabilities to improve health and wellbeing through social prescribing
- Improved CS evaluation, learning and improvement
- Updating CS strategy and commissioning plan
- Improving visibility and recognition of CS activity and impact



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# Community Solutions



# C19 support from CS funded projects and wider community and voluntary sector: 18<sup>th</sup> March to 31 July 2020

Support	Activities
Befriending & wellbeing calls	67,591
Shopping	52,843
Meals delivered	17,046
Medication drop offs	1,426
Other support	26,804
Volunteers engaged	3,877
Volunteer hours	16,107
Staff involved	1,553

Flexible

Immediate

Local

Creative



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CVS involvement with other NL Partnerships and initiatives:

- NLP
- Children Services Partnership
- Community Justice Partnership
- Tackling Poverty
- Digital Inclusion

Voluntary Action North Lanarkshire

CVS Recovery, Renewal and Strategic Investment Initiative (VANL-NLC-NHSL)

HSCNL

Volunteering programme

Community and Voluntary sector development programme

Community Solutions programme

Community Solutions Governance Sub Group



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# What now?

- Questions on presentation
- breakout sessions today - **What opportunities does the CS approach present for HSCNL recovery and redesign?**
- Building Community Capacity and Individual Capabilities for wellbeing workshop – November 2020



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